

Overboard Recovery

Coasters Harbor Navy Yacht Club

www.nwc.navy.mil/chnyc



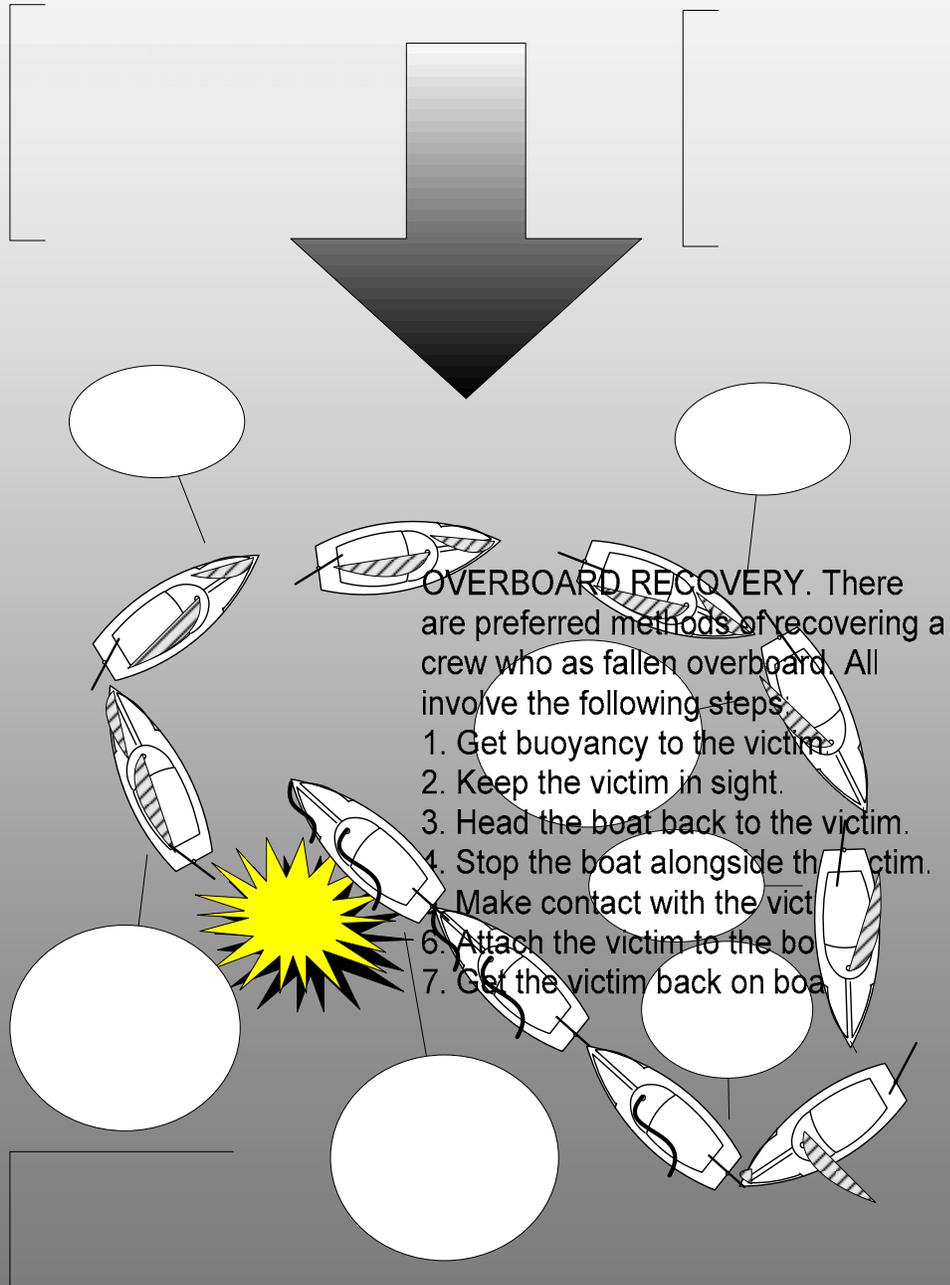
Overboard Recovery

- **Get buoyancy to victim**
- **Keep victim in sight**
- **Head back to victim**
- **Stop boat alongside**
- **Make contact with victim**
- **Attach victim to boat**
- **Get victim aboard**

Quick-Stop Steps

- **Shout “Crew Overboard”**
- **Deploy PFD**
- **Trim mainsail**
- **Tack; hold fast jib**
- **Continue turn; broad reach**
- **Continue downwind until victim is abeam**
- **Jibe; come to close reach**
- **Ease sails to slow boat**
- **Stop alongside**
- **Recover victim**
- **Aftercare**

Quick-Stop Recovery



Overboard recovery. Continue through the wind without releasing the jib.

Quick-Stop Movies



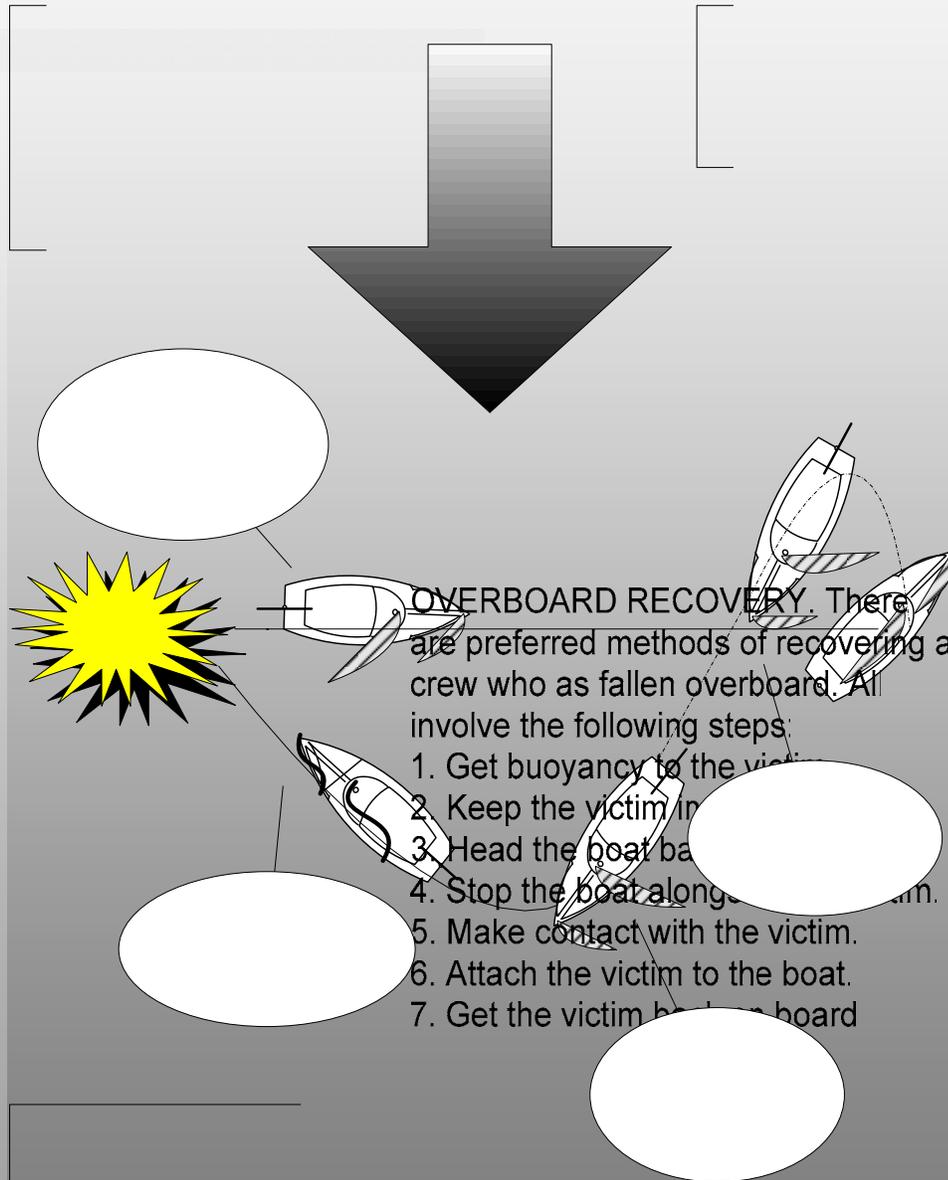
The following
video is rated
"E" for Educational

If movie doesn't start automatically,
Click on the black screen.

Victim Recovery

- **Victim to leeward with boat in safety position.**
- **Victim holds on to boat**
- **Use stern line**
 - **Bowline to form loop**
 - **Clove hitch around crutch**
- **Grasp victim at waist**
- **Lift with your legs**
- **Give first aid**

Quick-Turn Recovery



Overboard recovery

Call out loudly, "Crew Overboard!"
Throw cushions or PFD in the direction of the person in the water.
Steer the boat on a beam reach.
Never take eyes off the victim.